



MEMBERSHIP APPLICATION

Membership Fee £20 Valid Until 31 December 2026

Name _____ Class Leader _____

BLOCK CAPITALS PLEASE

Contact Tel. _____ Class Venue _____

Email _____

Age Group ☐ <40 ☐ 40-59 ☐ 60-79 ☐ 80+ Enter X as appropriate

Enter X if you attend *Viking Hiking* ☐

Emergency Contact Name _____ Tel. _____

Your Personal Information

Friskis Aberdeen takes your privacy seriously and will only use your personal information to maintain our membership register, produce membership statistics and contact you if you consent below. We will always treat your details with the utmost care and keep them safe and will not share them with any other person or company, unless legally required to do so. One year after your membership lapses we will remove your personal details from our records.

Contact Permission

We would like to keep you up to date with Friskis Aberdeen activities. To ensure we comply with data protection regulations please mark the box below if you consent to us contacting you via e-mail:

☐ Yes please, email me notifications from Friskis Aberdeen (Enter X)

Please note you can unsubscribe or update your mailing preference at any time by emailing aberdeen@friskissvettis.co.uk

Signature _____ Date _____

Submission of Form & Payment (electronic submission preferred)

Complete the form electronically and submit by email to: aberdeen@friskissvettis.co.uk
Pay your subscription via BACS to: **Friskis & Svettis Sort Code 87-34-11 Account No 72264663**
Please include your name followed by **FSA** as a reference when you make your BACS payment

Alternatively, give your completed paper form and payment (cash, cheque made out to Friskis & Svettis or via BACS to the leader's account) to your class leader